Enhancing Self Regulation of Each and Every Child in Your Early Learning Environment

## Presented by

Dr. Stuart Shanker

Research Professor of Philosophy and Psychology and Director of the Milton and Ethel Harris Research Initiative, York University

This workshop is of interest to early childhood educators, kindergarten and grade one teachers, early learning and child care support staff, students enrolled in ECE or Child and Youth Studies, principals, senior administrators and policy makers. Recent advances in developmental neuroscience are dramatically altering attitudes towards the possibility of maximizing the educational potential of every child. Scientists now understand that the better a child can self-regulate, the better she/he can rise to the challenge of mastering even more complex skills and concepts.

But what exactly is self-regulation, and why is it so important for learning?

Dr. Shanker will talk about the nature of self-regulation; the experiences that promote the development of self-regulation and the factors that can impede its development; and what teachers can do to enhance the self-regulation of each and every child in their classroom.

Thursday January 20, 2011• 6:00 pm to 8:30 pm

Quality Parkway Hotel and Convention Centre • 325 Ontario Street, St. Catharines

\$30 per person • includes a nutrition break

For further information and registration contact the Early Childhood Community Development Centre at 905-646-7311 ext. 304 or eccdc@eccdc.org.

