

Garden Jane is returning to Niagara this fall with a new session!



## Supporting Young Children in Learning *and* Experiencing Fall Harvest

Join Garden Jane to explore harvest-time activities in both the garden and kitchen. Learn fun ways to work with children on garlic & bulb planting, seed saving and enjoying nutrient dense harvest snacks.

We'll also explore sprouting in winter and look ahead to spring healthy food program planning.

---

### **Saturday September 19**

10:00 am to 12:00 pm

ECCDC, 3340 Schmon Parkway, Thorold  
(Community Kitchen & Outdoors - please  
dress appropriately for the weather)

\$45 includes all workshop materials

Register by contacting the ECCDC at  
eccdc@eccdc.org, 905.646.7311 ext. 304  
or [www.eccdc.org](http://www.eccdc.org)

### **About Jane Hayes**

Jane is a gardener, educator, and artist with eighteen years of experience. She founded Garden Jane in 2007 to help people learn how to grow and connect to healthy food, gardens, and each other. Jane has worked directly with 30,000 people since then. She invites people in with storytelling, art and play, and shares what science, research, and pattern-based observation have to offer. Her current work includes working with garden communities of all ages, teaching permaculture design, and helping grow the scope of urban agriculture in the GTA. Jane has a B.A. in Anthropology and Environmental Studies (U of T), a Masters in Environmental Studies (York U) and certificates in Permaculture Design and Teaching Permaculture. Jane is a mom to Chloe and River.

