# Understanding, Preventing & Responding Effectively to Challenging Behaviour



with Barbara Kaiser, Co-author of Challenging Behavior in Young Children

### Morning Workshop: Understanding Children's Behaviour

Have you ever continued to respond in the same way to a child's challenging behaviour even though you knew your approach wasn't working? You can respond effectively to a child's challenging behaviour when you have the appropriate knowledge, strategies, and skills. Everything about your teaching - how you approach and respond to the children, set up your room, choose and present activities, even your knowledge of child development and theory - filters through the prism of your own emotions, family background, education, temperament, beliefs, values, and culture. When you understand yourself, you will know which behaviours push your buttons, and recognize that a child's challenging behaviour is rooted in biological and environmental factors and not a desire to ruin your day.

### Afternoon Workshop: Preventing & Responding to Children's Behaviour

Every challenging behaviour can be thought of as a child's solution to a problem and a form of communication. This workshop provides strategies for preventing and addressing a child's challenging behaviour effectively. Challenging behaviour can be prevented when teachers create a positive social climate and a responsive learning environment. Social and emotional skills provide a foundation for safe and positive learning, and enhance children's ability to make better decisions, form friendships and most of all feel good about themselves. When educators understand why a child behaves in a particular way, how to figure out what he or she needs, and how to use evidence-based, proven-effective strategies to meet those needs it is possible to respond effectively to inappropriate behaviour.

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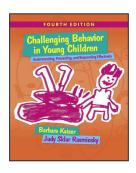


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### **Registration Information**

**Saturday October 20, 2018** • 8:30 am to 4:30 pm • ECCDC Conference Room, 3340 Schmon Parkway, Thorold • \$75 includes a light breakfast, morning and afternoon workshops and a networking lunch (please note - The cost does not include a copy of the book *Challenging Behavior in Young Children*; however you may order a copy if desired by contacting the ECCDC)

**To register**, call 905.646.7311 ext. 304, email eccdc@eccdc.org or visit www.eccdc.org





#### **About the Facilitator**

BARBARA KAISER is the coauthor of *Challenging Behavior in Young Children* and *Challenging Behavior in Elementary and Middle School*. She has taught at Acadia University in Wolfville, Nova Scotia, and Concordia University and College Marie-Victorin in Montreal, Canada. In addition to presenting workshops, keynote speeches, and webinars on challenging behavior throughout the world, Barbara

has acted as chief consultant for Facing the Challenge, an instructional DVD based on Challenging Behavior in Young Children, and for Mr. Rogers' Family Communications, Inc. She has also consulted for several regional projects; developed a comprehensive intervention to prevent and address violence among young people aged 5 to 15; and created a series of webinars and guides on bullying for the Nova Scotia Department of Education. Over a period of 25 years, Barbara founded and served as the director of two child care centers and an after-school program. A master's degree in educational administration from McGill University gives her a firm theoretical foundation, but above all, her perspective is practical, realistic, and compassionate, stemming from decades of working with actual children, families, and teachers in real situations. She is a citizen of the U.S. and Canada.