

## Lost Art of Music and Movement in Early Childhood

Children in today's society are living more sedentary lives and their opportunities to engage in open music and movement activities are lessening. Come and join in to bring back the lost art of music and movement to the classroom. Educators will have an opportunity to engage together in joyful and fun activities that relate to music and movement to support children in healthy physical, mental, and emotional development. The session will look at the theory behind why music and movement are an important part of children's lives and why it is being lost in today's technologybased society. Educators will take away research, tools and experiences to share with the children and families in their program to reignite the passion for music and movement.

Wednesday May 22, 2019 • 6:00 to 9:00 pm (6:00pm networking and light refreshments; 6:30pm workshop begins; 9:00pm workshop closing) • ECCDC Conference Room, 3340 Schmon Parkway, Thorold • \$45 includes materials and nutrition break • To register, call 905.646.7311 ext. 304, email eccdc@eccdc.org or visit www.eccdc.org.



Patricia Couroux is a Registered Early Childhood Educator who has worked in the field of Early Childhood

Education for twenty-five years, including eleven years as Supervisor of Niagara Nursery School & Child Care Centre. Patricia has worked as a Quality Child Care Niagara (OCCN) Trainer since 2007 and also volunteered on the Quality Child Care Niagara Advisory Committee. She has both a comprehensive knowledge of Niagara's early learning and child care community and a true passion for designing exceptional learning experiences and high quality environments for Niagara's children.