



Talking to Kids about Death & Dying and Promoting Self-Care Through Self-Compassion

With Angel G. Graham, MSW, RSW, RECE
and Sheri Eggleton, Hons. B.A., CTIC, RP

Have you ever wondered what do I say to a child who is grieving? How can I support them as they transition back to the classroom setting? Or what is typical behaviour to a death from a developmental stance? If you would like to ensure today's children have the foundation and support they need to face adversity with compassion and thrive as they continue to grow and move forward in their lives. This session will cover what grief is, how children's grief differs from adults, along with addressing common responses in kids and how you as an Early Childhood Educator can support them. This workshop will also highlight opportunities how you yourself can incorporate death education regularly into your curriculum and provide attendees with an opportunity to engage in open discussion on a topic that we need to feel more comfortable with talking about. How do I help kids with their grief? What do I say? What if I say the wrong thing? What if I don't have the answer? How do I start those really difficult conversations? The second part of the workshop will focus on supporting staff who are grieving, as well as some suggestions for caring for oneself during grief through self-care and self-compassion.

Registration Details

Tuesday April 9, 2019

6:30 to 8:30 pm

ECCDC Conference Room, 3340
Schmon Parkway, Thorold

No cost; this workshop has been
sponsored by our Friends at
Pathstone Mental Health

Pathstone 
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To register, call 905.646.7311
ext. 304, email eccdc@eccdc.org
or visit www.eccdc.org.



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Angel G. Graham, MSW, RSW, RECE

Angel G. Graham MSW, RSW, RECE, is a Registered Social Worker, Child & Family Therapist with Pathstone Mental Health in Niagara, where her clinical work has included facilitating treatment clinics for parents and children along with providing individual and family therapy. She has extensive experience in working with children and their families who have a diagnosis of autism, have experienced trauma or are dealing with a loss. Angel's passion lies in working directly with children, youth and their families who are grieving and in teaching others how to assist them through their grief journey.



Sheri Eggleton, Hons. B.A., CTIC, RP

Sheri is a Certified Trauma Integration Clinician and Registered Psychotherapist who has completed post graduate studies in play therapy and is working towards certification through the Canadian Association for Play Therapy. Sheri has over 15 years of experience working with children in both mental health and developmental sectors. She has a genuine passion for working with children and families and helping them to heal from trauma through the use of creative techniques. Sheri is currently working at Pathstone Mental Health as part of a multidisciplinary team in the Early Assessment Support and Intervention program. This role involves using therapeutic play therapy techniques with young children ages 3-6 who have experienced trauma, and providing support to their families. Sheri is also passionate about promoting self-care and has co-created the CAREing for the Caregiver Clinic at Pathstone.