

Behaviour Awareness and Self-Regulation

With Spencer Cappellazzo and Brenda-Lynn Haley, Pathstone Mental Health

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In this workshop you will gain knowledge to identify the function of behaviour, understand the importance of data collection, and develop strategies to help promote student success. This workshop will also cover Self-Regulation: What it is, why it's important, signs of it and what we can do in child care settings to promote positive self-regulation skills.

Thursday November 7, 2019 • 6:00 to 9:00 pm (6:00pm Networking and light refreshments; 6:30pm workshop begins; 9:00pm closing) • ECCDC Conference Room, 3340 Schmon Parkway, Thorold • \$5 for Niagara educators, \$10 for educators outside Niagara • **To register**, call 905.646.7311 ext. 304, email eccdc@eccdc.org or visit www.eccdc.org.



Spencer Cappellazzo is a Registered Early Childhood Educator, who possesses a Master's Degree in Applied Disability Studies (specialization in Applied Behaviour Analysis). She has worked in child care, school, respite, ABA/IBI, and mental health settings with young children. She currently works for Pathstone Mental Health as a Behaviour Consultant, and owns and operates Bloom Behaviour Consulting Inc., a home-based behaviour consultation service. Spencer is passionate about children's mental health, finding the messages hidden in behaviour, play/inquiry-based learning and outdoor/nature-based education.



Brenda-Lynn Haley is Registered Early Childhood Educator and Resource Consultant in Niagara. Brenda-Lynn is a graduate of Niagara College, as a Registered Early Childhood Education Resource Teacher with 30 years of experience in the Niagara Region and Ottawa Valley. As a Behaviour Consultant at Pathstone Mental Health she shares her passion of working with young children, promoting positive mental health and supporting educators and parents on that journey.