



The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 14

Engage in webinars and access new resources, websites and other virtual learning to support your ongoing journey and well-being.

Resources for Information on Covid-19

- Government of Canada Navigating Financial Help During COVID-19: [click here](#)
- Government of Ontario Action Plan 2020: Responding to COVID-19: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)
- Ministry of Health Ontario Public Health Unit Locator: [click here](#)
- Niagara Region Public Health Daily Covid-19 Updates: [click here](#)
- Niagara Region Service Closures and Disruptions Update: [click here](#)
- Ontario Government Supporting Parents as Economy Reopens: [click here](#)
- Government of Ontario Emergency Shelters for Women and Children: [click here](#)
- Government of Ontario Indigenous Individuals and Families Supports: [click here](#)

Online Webinars and Training for Educators and Administrators

- Pivotal Response Training (offered by Bethesda) – **Tuesday June 23, 1:00 to 3:00 pm** and **Wednesday June 24, 1:00 to 3:00 pm** (this training has a cost): [click here](#)
- Preparing for Re-Opening: The Administrator's Role in Taking Control When Things Seem Out of Control – **June 24, 2020 at 2:00 pm**: [click here](#)
- Redleaf Press - Nature-Based Learning "Ask Me Anything" with Julie Powers and Sheila Williams Ridge – **June 24, 2020 at 4:00 pm**: [click here](#)
- Louise Kool & Galt - Rethinking Sharing, Remembering Play with Diane Kashin – **June 26, 2020 at 1:30 pm**: [click here](#)
- Redleaf Press - Creating Diversity-Rich Environments for Young Children with Angèle Sancho Passe – **June 26, 2020 at 2:00 pm**: [click here](#)
- The Play First Summit 5 Day Online Conference **from July 20-24, 2020**: [click here](#)



Online Podcasts and Videos

- Pathstone TV, the newest mental health information and support tool. Every Friday, a new episode will be featured, focused on mental health and wellness: [click here](#)
- Social-Emotional Learning Podcasts: [click here](#)
- The Preschool Podcast – Learning about Difference Cultures through a Second Language: [click here](#)
- The Polygon Podcast: Cease and Senaqwila Wyss: [click here](#)
- The Preschool Podcast - COVID-19 Emergency Preparedness Plan for Childcare: [click here](#)

Diversity and Inclusion Resources

- Interactions at the Heart of Healing: CLASS-based Strategies for Supporting Teachers and Children - **Thursday, July 2, 2020 • 1:00 pm EST**: [click here](#)
- Justice From the Streets to the Early Childhood Classroom – **July 8, 2020 at 2:00 pm**: [click here](#)
- City Building through Social Inclusion: [click here](#)
- Clan, Clay, Earth and Time – The Language of Pot Shred and Riverbanks: [click here](#)
- Beyond Tolerance: How to Create Inclusion: [click here](#)
- Teaching for Change Parent Engagement: [click here](#)

Small Business Resources and Remote Office Environments

- COVID-19: Virtual workplaces, the new norm: [click here](#)
- Interim Guidance for Businesses and Employers Responding to Coronavirus: [click here](#)
- Early Care and Education's Leadership Choices: What Lies Ahead for the Field? by Stacie Goffin and Valora Washington (**Recorded**): [click here](#)
- 3 Ways to Leverage Diversity Within Your Organization: [click here](#)

Early Learning Websites

- Outdoor Play Canada - Pandemic Play: Child-Centred Policy in a Global Crisis: [click here](#)
- HiMama COVID-19 Resources: [click here](#)
- College of Early Childhood Educators (CECE) COVID-19 Updates: [click here](#)
- The Canadian Council of Montessori Administrators (CCMA) Resources to use during COVID-19: [click here](#)
- Association of Early Childhood Educators Ontario (AECEO) Updates: [click here](#)



Health and Wellness

- Devereux Centre for Resilient Children – In this Together: [click here](#)
- Healthy Relationships and Attuned Interactions Support Early Development, by Dr. Mike Sherman (**Recorded**): [click here](#)
- Remember the Blue Sky: [click here](#)
- Headspace Weathering the Storm Together: [click here](#)
- Headspace Meditation in Workplace: [click here](#)
- 15 Simple And Quick Office Stretches To Boost Work Efficiency: [click here](#)

Resources for Working With Children of All Ages

- Niagara Falls Public Library Summer Reading Club Beanstack from **June 15 to August 31, 2020**: [click here](#)
- Free Weekly Activities Sent Right to your Phone! Infants to School Age: [click here](#)
- NAEYC The Power of Storytelling in Early Childhood: Helping Children Process the Coronavirus Crisis: [click here](#)
- COVID-19 Childcare Supplies List for Parents: [click here](#)
- Dealing With Behavioral Changes After Reopening During COVID-19: [click here](#)
- Nature Activities: Underwater Onions! [click here](#)
- Reptiles and Amphibians of Toronto – A Guide to their Remarkable World: [click here](#)
- The Okee Dokee Brothers The Bullfrog Opera: [click here](#)
- 50 Calm-Down Ideas to Try with Kids of All Ages: [click here](#)

Outdoor Activities

- Gardening with Brother Nature Series: [click here](#)
- Outdoor Education Tip: Water Play: [click here](#)
- Nature Canada – 2020 Nature Photo Content **from June 15 until August 16, 2020**: [click here](#)

Cultural and Entertainment Opportunities

- Grand Canyon National Park Is Hosting a Virtual Stargazing Party All Week: [click here](#)
- Virtual Tour Exhibition of Simon Hughes: Works, 2001-2020: [click here](#)
- A One-Take Journey through Russia’s Iconic Hermitage Museum (YouTube video): [click here](#)



early childhood community development centre



Uplifting Story of the Week

- Nature Conservancy Canada – We have 14 million Reasons to Thank You: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

For Further Information Regarding Early Childhood Community Development Centre's Services During Covid-19

- [click here](#)
- **Free Resource Highlight**
 - Using Loose Parts Found at Home: [click here](#)
 - ECCDC Webinars: [click here](#)
 - QCCN Webinars and QCCN Community Conversation Café: [click here](#)