



The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 22

Engage in webinars and access new resources, websites and other virtual learning to support your ongoing journey and well-being.

Resources for Information on Covid-19

- Public Health of Ontario How to Self-Monitor: [click here](#)
- Public Health of Ontario COVID-19 How to Care for Pets and Other Animals: [click here](#)
- Niagara Region Reopening Metrics: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)

Online Webinars and Training for Educators and Administrators

- Rusty Keeler Webinar: COVID Outdoor Play-19 – **September 3, 2020 from 2:00 to 4:00pm**: [click here](#)
- How to Address Gender Inequity in Your Organization – **September 16, 2020 from 12:00pm**: [click here](#)
- Leading During Uncertainty: Managing Difficult People and Circumstances – **September 22, 2020 from 1:00pm**: [click here](#)
- Unpacking the Pyramid Model: A Practical Guide to Social Emotional Learning – **October 1, 2020 from 2:00pm**: [click here](#)
- Leading During Uncertainty: Encouraging Mentoring Within Program Staff – **October 6, 2020 from 1:00pm**: [click here](#)
- Aligning Your Program’s Mission & Financial Model – **October 7, 2020 from 2:00pm**: [click here](#)
- Boosting Enrollment When Your Program Needs it Most – **October 14, 2020 from 2:00pm**: [click here](#)
- The Magic Triangle of Reading Aloud: The Book, the Child, and the Adult (Recorded): [click here](#)
- Strategies for Encouraging Reading Readiness in Young Children (Recorded): [click here](#)
- Montessori Everywhere Global Webinar (Recorded): [click here](#)

Online Podcasts and Videos

- Early YearsTV – Marketing your Early Years Setting: [click here](#)
- Women At Work Podcast – Seeing Ourselves as Leaders: [click here](#)
- PathstoneTV – Power of Gratitude: [click here](#)



Diversity and Inclusion Resources

- 10 Musts for Teaching Literacy Skills to Students with Significant Disabilities: [click here](#)
- Teaching Diversity to Preschoolers Without the “Tourist Approach”: [click here](#)
- Every Child Belongs: Welcoming a Child with a Disability: [click here](#)
- How to Be an Inclusive Leader Through a Crisis: [click here](#)
- We are Different, We are the Same: Teaching Young Children about Diversity: [click here](#)

Small Business Resources and Remote Office Environments

- 8 Actionable Takeaways for Small Businesses to Implement After Crisis: [click here](#)
- COVID-19 Second Wave: How to Prepare for Another Company Shutdown: [click here](#)
- Returning to the workplace after COVID-19: What boards should be thinking about: [click here](#)
- 10 Tips for Hiring During the COVID-19 Pandemic: [click here](#)

Early Learning Websites

- 14 Strategies for Connecting with Families this Year: [click here](#)
- What Parents Value in Childcare During COVID-19: [click here](#)
- 15 Things Every Early Childhood Educator Should Do: [click here](#)
- How to Make Drop Off and Pick Up More Personal: [click here](#)

Health and Wellness

- Understanding Children’s Emotions in Extraordinary Times + How that Makes You Essential with Dr. Jean Clinton: [click here](#)
- Mindful Breathing Meditation: [click here](#)
- Workplace Strategies for Mental Health: [click here](#)
- Canadian Physical Activity Guidelines: [click here](#)
- How to Eat Healthy for Less: [click here](#)
- Healthy Food for Kids: [click here](#)



Resources for Working with Children of All Ages

- Pathstone Mental Health – Back to School Prep Kit: [click here](#)
- Bookshare – Free Online Library eBooks: [click here](#)
- Communicating Effectively While Wearing Masks and Physical Distancing: [click here](#)
- Tinker Kit Educator’s Guide: [click here](#)
- Sensory Bin Basics: What You Need to Have: [click here](#)
- Cloud and Raindrop Windsock: [click here](#)
- Science Please! Short Clips about Gravity, Fire, Wind, and much more: [click here](#)
- Space Gardener: Comparing Plant Root Growth: [click here](#)
- How to Build a Lasting Connection with Your Kids: [click here](#)

Outdoor Activities & Resources

- Adventures in Risky Play. What is Your Yes? Sample Book by Rusty Keeler: [click here](#)
- Wild Dates to Keep in Mind for This School Year: [click here](#)
- Project Share Gardens in Niagara: [click here](#)
- Tour: Using Your Outdoor Classroom (workshop cost) – **September 10, 2020 from 6:00pm**: [click here](#)

Cultural and Entertainment Opportunities

- Visit Fort George: [click here](#)
- National Film Board Space School Astrogeology: [click here](#)
- Visit Local Farmers Market and See What’s in Season: [click here](#)
- Snacks and Stories – **September 9, 2020 from 3:45pm to 4:15pm at Thorold Public Library**: [click here](#)

Uplifting Story of the Week

- Six Month Old Baby – Dancing is a Way of Healing: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

For Further Information Regarding Early Childhood Community Development Centre’s Services During Covid-19

- [click here](#)