



## The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 24

Explore your personal professional learning goals through a variety of webinars, resources, websites and other virtual learning opportunities that support your ongoing journey and well-being.

### Upcoming ECCDC Webinars

- Action Schemas – **October 6, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Tinkering with Recycled Materials – **October 13, 2020 6:30 – 8:00 p.m.:** [click here](#)
- What is Autism Spectrum Disorder (ASD) and How Can I Best Support Children in a Child Care Setting? – **October 22, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Mark Making Schemas – **November 3, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Respect in the Workplace – **November 12, 2020 9:00 am – 12:00 p.m.:** [click here](#)
- Kids Have Stress Too!® - **November 14, 2020 9:30 a.m. – 1:00 p.m.:** [click here](#)
- Tinkering with Metal – **November 18, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Trauma-Informed Care - Building a Culture of Strength – **November 28, 2020 9:00 a.m. – 4:00 p.m.:** [click here](#)
- Tinkering with Wood – **December 9, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Watch for the upcoming new issue of **ESTEEM** with more webinars offered through ECCDC!
- Not from Niagara but seeking to deliver outstanding early learning programs? We can help! The ECCDC's cutting-edge professional learning opportunities and coaching services can be offered online, within your program, or in your community. [Click here](#)

### Resources for Information on Covid-19

- Child care key to women's recovery from economic impacts of COVID-19: report: [click here](#)
- Ontario launches COVID-19 school and licensed child care-specific web page: [click here](#)
- Ontario Launches New COVID-19 Screening Tool to Help Protect Students and Staff: [click here](#)
- COVID-19 Resources For Childcare Centers, Preschools & Parents: [click here](#)
- Tips for Preparing for a Potential Second Wave- Workplace Safety Awareness Articles and Tips: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)



## Online Webinars and Training for Educators and Administrators

- AECEO Webinar - Decent Work and Pedagogy – **September 23, 2020 from 7:00 p.m. to 8:30 p.m.:** [click here](#)
- Directors as Fearless Consumers of Software for Program Management and Family Communications **September 23, 2020 from 2:00 p.m.:** [click here](#)
- Engage Families and Staff about COVID-19 Protocols Using Media Literacy – **September 24, 2020 from 2:00 p.m.:** [click here](#)
- Future of Work – COVID-19 is Not Enough to Bring about the Future of Work – **September 30, 2020 from 12:00pm:** [click here](#)
- Nurturing Educator Resilience in Times of Crisis - **September 30, 2020 from 1:00 p.m.:** [click here](#)

## Online Podcasts and Videos

- The working parent podcast (resiliency, self-care, time management): [click here](#)
- The Child Care Revolution Podcast: [click here](#)
- Greatness Magnified: [click here](#)
- The Preschool Podcast - How To Raise Race Conscious Children: [click here](#)

## Diversity and Inclusion Resources

- Teaching Social Justice: Navigating the Deep Waters of Equity in Early Childhood Programs – **October 21, 2020 from 2:00pm:** [click here](#)
- Resilience and Racial Equity **November 10, 2020 from 2:00 p.m.:** [click here](#)
- Teaching Children about Diversity: [click here](#)

## Small Business Resources and Remote Office Environments

- Guide to Adding a School-Aged Program to a Child Care Center: [click here](#)
- Planning for our urban futures beyond COVID-19: [click here](#)
- Strategies to Raise Wages, Enrichment and Hope: Align Your Mission and Financial Model – **October 7, 2020 from 2:00 p.m.:** [click here](#)



## Early Learning Websites

- Child Care Canada: [click here](#)
- The psychology foundation of Canada Toolbox activities: [click here](#)
- Child Care Exchange: [click here](#)
- Tuning into families: [click here](#)
- Every Child Deserves To See The Stars: Five Ways to Make It So: [click here](#)
- International Society for Technology in Education: [click here](#)

## Health and Wellness

- Sesame street – healthy habits for life: [click here](#)
- Restore Your Sense of Control — Despite the Pandemic: [click here](#)
- Demystifying What Being a Vegan Preschool Means With HiMama: [click here](#)
- 5 Tools to Support Children's Social-Emotional Development: [click here](#)
- Self-Care Resources: [click here](#)

## Resources for Working With Children of All Ages

- Early Childhood Australia – First Year at School: [click here](#)
- These Are the 4 Things That Will Help Your Family Thrive This Fall: [click here](#)
- 16 Books to Nurture the Creative Genius in Every Child: [click here](#)
- 8 Ways to Help Kids Build Cognitive Empathy: [click here](#)
- Preschool classroom transitions: Lost time or language opportunity? [Click here](#)

## Outdoor Activities & Resources

- Children and Nature Network: 2020 Inside-Out Leadership Summit, **September 21 - 30, 2020 (CDT)**: [click here](#)
- Tinkergarten Your Guide to Purposeful Outdoor Play: [click here](#)
- Every Day Earth - Interactive video earth science based curriculum supplement: [click here](#)
- Farmer's Almanac for kids: [click here](#)
- Guide to gardening for kids: [click here](#)
- From rainbows to tornadoes and winter storms to tsunamis, connect with a meteorologist to break down the fascinating world of weather: [click here](#)



## Cultural and Entertainment Opportunities

- #NiagaraPerforms free online concerts + events: [click here](#)
- 10 Beautiful Indigenous Children's Books To Add To Your Library: [click here](#)

## Uplifting Story of the Week

- Video Of Dancing Baby Named Brave Will Make Your Day: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

## For Further Information Regarding Early Childhood Community Development Centre's Services During Covid-19

- [click here](#)