



The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 25

Explore your personal professional learning goals through a variety of webinars, resources, websites and other virtual learning opportunities that support your ongoing journey and well-being.

Upcoming ECCDC Webinars

- Action Schemas – **October 6, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Tinkering with Recycled Materials – **October 13, 2020 6:30 – 8:00 p.m.:** [click here](#)
- What is Autism Spectrum Disorder (ASD) and How Can I Best Support Children in a Child Care Setting? – **October 22, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Mark Making Schemas – **November 3, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Respect in the Workplace – **November 12, 2020 9:00 am – 12:00 p.m.:** [click here](#)
- Kids Have Stress Too!® - **November 14, 2020 9:30 a.m. – 1:00 p.m.:** [click here](#)
- Tinkering with Metal – **November 18, 2020 6:30 – 8:00 p.m.:** [click here](#)
- Trauma-Informed Care - Building a Culture of Strength – **November 28, 2020 9:00 a.m. – 4:00 p.m.:** [click here](#)
- Tinkering with Wood – **December 9, 2020 6:30 – 8:00 p.m.:** [click here](#)
- The new issue of **ESTEEM** has been released with many new sessions from now until June 2021!
- Not from Niagara but seeking to deliver outstanding early learning programs? We can help! The **ECCDC's** cutting-edge professional learning opportunities and coaching services can be offered online, within your program, or in your community. [Click here](#)

Resources for Information on Covid-19

- Ontario Revises COVID-19 Screening Guidance for Schools and Child Care: [click here](#)
- First Reference Human Resources Advisor: [click here](#)
- Ontario Releases Updated COVID-19 Modelling for Second Wave: [click here](#)
- Classroom Design during Covid-19: [click here](#)
- Chart for comparison of symptoms of Flu and Covid-19: [click here](#)
- Essential Trauma-Informed Practices During Covid-19 Recovery – **Tuesday October 13, 2020 4:00 p.m.:** [click here](#)
- 8 ways for employers to “take every reasonable precaution” during a pandemic: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)



Online Webinars and Training for Educators and Administrators

- Happily Family free online conference – Raising Resilient Kids in an Anxious World – **October 5 – 9, 2020: [click here](#)**
- Virtual Event Tech Day - 20 Experts Answer the Top 20 Questions About Virtual Events – **October 15, 2020: [click here](#)**
- Hearing Children’s Voices through Documentation, in COVID times - **Tuesday, October 13, 2020 6:30 PM – 8:30 p.m.: [click here](#)**
- Speech and Communication with Becky Poulter Jewson and Rebecca Skinner – **Friday October 2, 2020 – 6:00 p.m.: [click here](#)**

Online Podcasts and Videos

- Calm and Connected: [click here](#)
- How to Lead With Impact during Covid-19: [click here](#)
- “The Big Re-Opening” – Possibilities during Covid-19 - Re-setting our ECE settings: [click here](#)
- Going Contactless Guide for Childcare Centers: [click here](#)
- “Hot Docs” subscription service (free one month trial sign up date expires October 8): [click here](#)

Diversity and Inclusion Resources

- Addressing Anti-Black Racism In Early Childhood Education - **Thursday October 15 and Thursday October 29 at 7:00 pm: [click here](#)**
- Teaching Social Justice: Navigating the Deep Waters of Equity in Early Childhood Programs – **October 21, 2020 from 2:00pm: [click here](#)**
- Resilience and Racial Equity **November 10, 2020 from 2:00 p.m.: [click here](#)**
- Parenting, and what anti-racist parenting entails (**pre-recorded**): [click here](#)

Small Business Resources and Remote Office Environments

- Covid-19 pandemic is showing off women’s leadership skills: [click here](#)

Early Learning Websites

- High Scope: [click here](#)
- First Book Canada: [click here](#)
- Devereux Centre for Resilient Children: [click here](#)
- McCormick Centre for Early Childhood Leadership: [click here](#)
- Greatness Magnified: [click here](#)



Health and Wellness

- Surviving Tough Times by Building Resilience: [click here](#)
- Audio Meditations: [click here](#)
- Coronavirus Song and Video Playlist - Focusing on Empathy, Compassion, Kindness, and Service: [click here](#)
- Mental Health Works website: [click here](#)

Resources for Working with Children of All Ages

- Online games and resources for children: [click here](#)
- 50 Social Distance Activities: [click here](#)
- 20 Affirmations Besides “Good Job!” to Promote Positive Self-Esteem for Preschoolers: [click here](#)

Outdoor Activities & Resources

- Mad Science: [click here](#)
- Explore the Trails in Niagara: [click here](#)

Uplifting Story of the Week

- A Boy Sent Baby Yoda To Help Firefighters. Now They're Taking Him On Calls: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

For Further Information Regarding Early Childhood Community Development Centre's Services During Covid-19

- [click here](#)