



The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 26

Explore your personal professional learning goals through a variety of webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

The new issue of **ESTEEM** has been released with online webinars and, hopefully, future in-person sessions (when safe to offer)!

Not from Niagara but seeking to deliver outstanding early learning programs? We can help! The ECCDC's cutting-edge professional learning opportunities and coaching services can be offered online, within your program, or in your community. [Click here](#) for more information.

Online Webinars and Training for Educators and Administrators

- The Embodiment Conference – **October 14–25, 2020**: [click here](#)
- Devereux Centre for Resilient Children – FLIP IT Instead of Flipping Out: You Can Transform Challenging Behaviour! **October 21, 2020** at **2:00 p.m.**: [click here](#)
- ECCDC webinar: What is Autism Spectrum Disorder (ASD) and How Can I Best Support Children in a Child Care Setting? – **October 22, 2020** from **6:30 to 8:00 p.m.** [click here](#)
- Listening for Children's Ideas and Inquiries with Kerri Embrey and Heather Evelyn Reggio-inspired kindergarten and school-aged educators, leaders and consultants - **October 24, 2020** from **10:00 a.m. to 12:00 p.m. (EDT Canada)**: [click here](#)
- ECCDC webinar: Mark Making Schemas – **November 3, 2020** from **6:30 to 8:00 p.m.** [click here](#)
- Early Childhood Educators Qualifications Upgrade & Leadership Certification Grant Program - **Tuesday, November 10, 2020** from **7:00 to 8:00 p.m.**: [click here](#)
- ECCDC webinar: Respect in the Workplace part of the Better Business Practice Series – **November 12, 2020** from **9:00 a.m. to 12:00 p.m.** [click here](#)
- ECCDC webinar: Kids Have Stress Too!® - **November 14, 2020** from **9:30 a.m. to 1:00 p.m.** [click here](#)
- ECCDC webinar: Tinkering with Metal – **November 18, 2020** from **6:30 to 8:00 p.m.** [click here](#)
- ECCDC webinar: Trauma-Informed Care - Building a Culture of Strength – **November 28, 2020** from **9:00 a.m. to 4:00 p.m.** [click here](#)
- ECCDC webinar: Tinkering with Wood – **December 9, 2020** from **6:30 to 8:00 p.m.** [click here](#)



Resources for Information on Covid-19

- HiMama COVID-19 Resources For Childcare Centers, Preschools & Parents: [click here](#)
- COVID-19 Childcare Supplies List for Parents: [click here](#)
- Cold & Flu Season During COVID-19 Guide: [click here](#)
- Supporting refugees in Canada through COVID-19 and beyond - **Wednesday October 21, 2020** from **12:00 to 1:30 EDT**: [click here](#)

Online Podcasts and Videos & Early Learning Websites

- Guide to Great Leadership in Early Childhood Education: [click here](#)
- How to Support Children with Anxiety During a Pandemic: [click here](#)
- Ask for Help: [click here](#)
- 20 Reasons Why Early Childhood Educators Are Essential: [click here](#)
- Government of Ontario - Ontario Taking Action to Improve Child Care: [click here](#)
- ECE Grants Ontario: [click here](#)
- The Science Spot: [click here](#)

Diversity and Inclusion Resources

- Addressing Anti-Black Racism In Early Childhood Education - **Thursday October 29** at **7:00 pm**: [click here](#)
- High Scope - Tying to Our Research Roots — Discussion and Q&A with the authors and researchers of the book Don't Look Away: Embracing Anti-Bias Classrooms Session 1 - **October 21, 2020** from **2:00 to 3:00 p.m.**: [click here](#)
- Intentional Inclusion For Multicultural Classrooms: [click here](#)
- Devereux Centre for Resilient Children - Resilience and Racial Equality – **November 10, 2020** at **2:00 p.m.**: [click here](#)

Small Business Resources and Remote Office Environments

- How to Use Parent Testimonials & Reviews to Promote Your Child Care Business: [click here](#)
- ECE Grants - Submitting Your Application - **Tuesday October 20, 2020** from **6:45 to 7:30 p.m.**: [click here](#)

Health and Wellness

- Falls Prevention - Presented by Yvonne Powell (OTA/PTA) Seating & Mobility Specialist, Brant Arts Mobility - **October 21, 2020** at **11:00 a.m EST**: [click here](#)
- Devereux Centre for Resilient Children – Act Adultish: [click here](#)
- The 7th Biennial Conference on Developmental Disabilities : Health and Wellbeing across the Lifespan – **November 26–27, 2020**: [click here](#)



Arts and Culture

- The Metropolitan Museum of Art: [click here](#)
- NASA Kids Club: [click here](#)
- Highlight Kids: [click here](#)
- Smithsonian Oceans – Find Your Blue: [click here](#)

Outdoor Activities & Resources

- Canadian Wildlife Federation – Stargazing for Families – **Wednesday October 21, 2020 at 1:00 p.m.:** [click here](#)
- Outdoor Classroom Day: [click here](#)
- Family Friendly Outdoor Activities: [click here](#)

Want to Know More about ECCDC Services?

- Check us out online at www.eccdc.org or in person at **3550 Schmon Parkway, Thorold.**
- We have moved our office location and are open Tuesday, Wednesday, and Thursday from 9:00 am to 9:00 pm and Friday and Saturday from 9:00 am to 4:30 pm to support your needs.
- We offer a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** of items including Personal Protective Equipment: [click here](#)
- We support early learning programs with organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- We offer professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions.

Uplifting Story of the Week

- Young Inventor Turns Her Disability into ‘Superpower’ After Building Prosthetic Arm That Shoots Glitter: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.