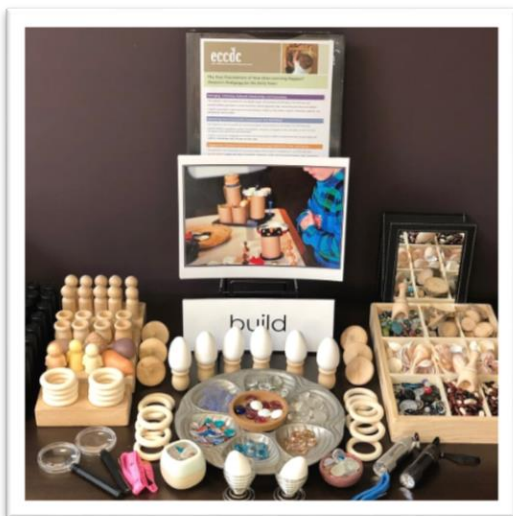




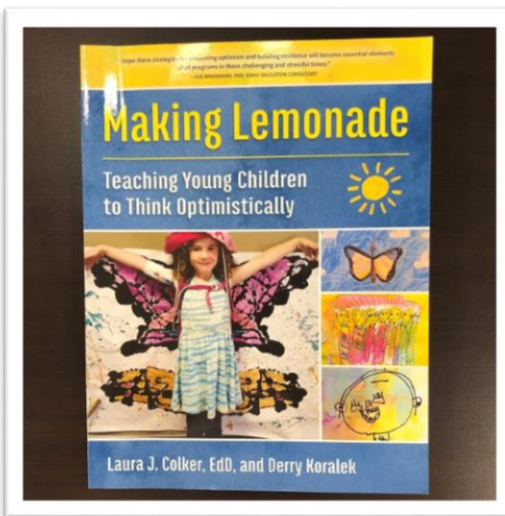
Resources to Support Healthy Habits

Find resources like these available for borrow or purchase at the ECCDC!

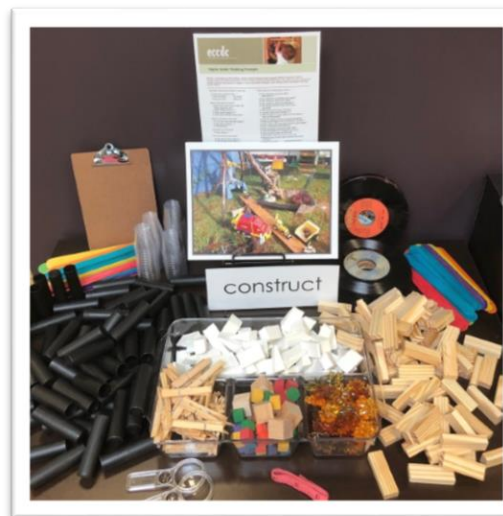
To schedule a pick-up time for resources, please email eccdc@eccdc.org or to purchase visit www.eccdc.org



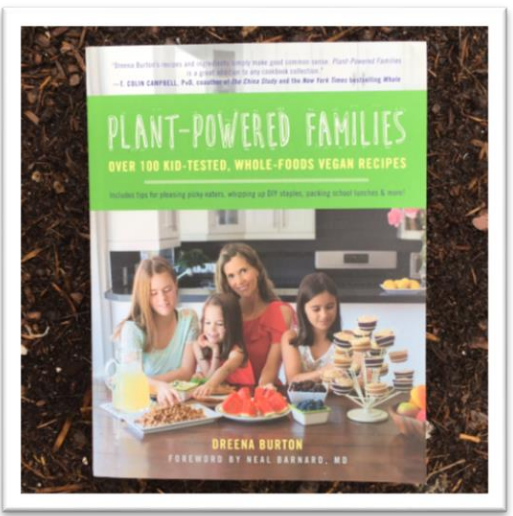
Yoga for Kids Resources
Catalogue ID: PHY.0064.00, #1783



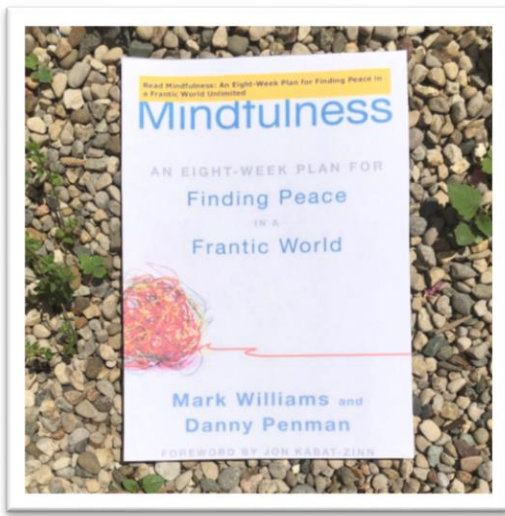
Making Lemonade
Catalogue ID: DIS.0002.00, #6543



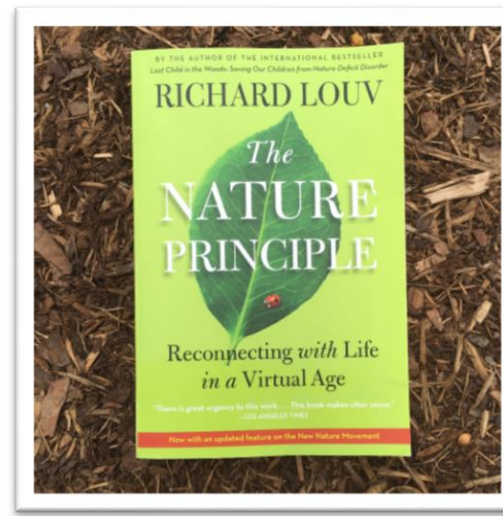
Children Care for Their Bodies
Catalogue ID: THE.0028.00, #2151



Plant-Powered Families: Over 100 Kid-Tested, Whole-Foods Vegan Recipes



Mindfulness: An Eight-Week Plan for Finding Peace in a Frantic World



The Nature Principle: Reconnecting with Life in a Virtual Age