

## Infant and Toddler Network Meeting Minutes

Friday May 1 2020

1. Welcome and Introductions
2. Acceptance of Agenda
  - Reviewing the agenda and adding additional areas - accepted
3. Housekeeping –
  - How to raise hand, unmuting on Zoom
  - ECCDC Webpage
  - What's New Section
  - Couch Exchange – new issue coming out today
  - QCCN Webinars
  - COVID-19 Webpage
  - Lending library curb-side pick up
  - Webinars
  - How to use website catalogue
  - Articles/ links shared via email
  - Moving webinars and training
4. Grounding Exercise
  - Can be used in classroom with children
5. Sharing new resource kit
6. Resources shared via email
  - Position article
  - Risk
  - Play deprivation
7. What have you been doing to connect with children?
  - Virtual tours (Toronto zoo, ripleys aquarium, etc)
  - Zoom meetings with afterschool children
  - Slideshows for kindergartens
  - Building an animal habitat outside
  - Interactive books online
  - Created mascot that posts on Facebook and Instagram – involve families
  - Painting tutorials
8. Video Reflection

- Create a research project with children
- Listen to their voice while maintaining the lead and being the solid role model for healthy routines
- Importance of responsibility
- Critical reflection
- New outlook

#### 9. Naturalizing Play Spaces

- Create an outdoor play area
- Using natural elements if possible
- Small versus large areas – may need to use apartment parking lot or lawn
- Sticks to create drawings
- Getting outside for a snack
- Encourage to do exercises indoors (i.e., cosmic yoga on YouTube)
- Obstacle course, sidewalk chalk, scavenger hunts (also kids create for parents)
- GoNoodle YouTube

#### 10. Is there anything else ECCDC can help with?

- CPL workshop
- Happy to hear about curbside pick-up
- Enjoying virtual networks
- Interested in Projects for School-Age Children workshop

#### 11. Next Meeting May 2020

#### 12. Meeting evaluation sent electronically