



The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 16

Engage in webinars and access new resources, websites and other virtual learning to support your ongoing journey and well-being.

Resources for Information on Covid-19

- Canadian Child Care: Preliminary Results from a National Survey During the Covid19 Pandemic: [click here](#)
- Government of Ontario COVID-19 What is Open: [click here](#)
- Government of Ontario Encourages Support of Local Small Businesses: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)

Online Webinars and Training for Educators and Administrators

- Justice From the Streets to the Early Childhood Classroom – **July 8, 2020 at 2:00 pm:** [click here](#)
- NAEYC Highscope's Early ED Talks – **July 13, 2020 at 4:00 pm:** [click here](#)
- Where Intervention Happens: A Routines-Based Approach for Young Children with Disabilities - **July 15, 2020 from 3:30 pm to 4:30 pm:** [click here](#)
- Addressing Challenging Behaviors Through Natural Outdoor Classrooms – **July 27, 2020 from 6:30 pm to 7:30 pm:** [click here](#)
- Future-Forward Family Child Care: Modernizing Your In-Home Program's Business Practices – **August 8, 2020 at 2:00 pm:** [click here](#)
- The Magic Triangle of Reading Aloud: The Book, the Child, and the Adult – **August 19, 2020 at 2:00 pm:** [click here](#)

Online Podcasts and Videos

- Video: COVID-19 Crisis Management for Child Care Centers: [click here](#)
- NPR Sesame Street Workshop – Parenting: Difficult Conversations 20-Minute Listen Talking Race With Young Children: [click here](#)
- WNYC Radio – Radiolab for Kids: [click here](#)
- Insider Higher Ed Podcast – Equity and Higher Education Policy: [click here](#)



Diversity and Inclusion Resources

- NAEYC Culturally Appropriate Positive Guidance for Young Children in Our Care **(Recorded)**: [click here](#)
- NAEYC Planning for an Inclusive Classroom: Supporting Young Children with Disabilities: [click here](#)
- Talking to Children about Differences and Similarities: [click here](#)
- Sesame Street Song – I Love My Hair: [click here](#)
- Restructure Your Organization to Actually Advance Racial Justice: [click here](#)

Small Business Resources and Remote Office Environments

- Childcare Resource and Research Unit (CRRU) Canadian Child Care: Preliminary Results from a National Survey during the COVID-19 Pandemic: [click here](#)
- COVID-19 Crisis Management for Child Care Centers **(Recorded)**: [click here](#)
- How to Work From Home: 20 Tips From People Who Do It Successfully: [click here](#)
- 10 Ways to Support Local Canadian Businesses During Self-Isolation: [click here](#)
- How to Survive a Job Layoff in 2020: [click here](#)

Early Learning Websites

- Be the Support Families Need: [click here](#)
- Proactive Strategies to Enhance Student Engagement While Providing Virtual Instruction Coffee Chats **(Recorded)**: [click here](#)

Health and Wellness

- How to Overcome Your Fear of Making Mistakes: [click here](#)
- Keeping Active during COVID-19: [click here](#)
- Calm Down and Reduce Your Stress: Tips for Mindful (but Busy!) Teachers: [click here](#)
- 4 Tips for Coping with Anxiety and Cabin Fever: [click here](#)
- Wheelchair Yoga - Gentle Chair Yoga Routine: [click here](#)



Resources for Working With Children of All Ages

- 14 Skill-Building Summer Activities To Do with Young Children: [click here](#)
- Doing Projects With Families From a Distance: [click here](#)
- Autism Little Learners – Resources and Ideas for Families and Educators: [click here](#)
- Anni McTavish on Treasure Baskets and Heuristic Play: [click here](#)
- Build Marshmallow Blaster: [click here](#)
- Catching the Moon: The Story of a Young Girl's Baseball Dream read by Kevin Costner and Jillian Estell: [click here](#)
- Free Remote Learning Resources: [click here](#)
- Coding for Kids Made Easy: [click here](#)
- Mad Science At-Home Activities: [click here](#)
- Wonderopolis – Where the Wonders of Learning Never Cease: Wonder of the Day: [click here](#)

Outdoor Activities

- COVID with Kids Outdoor Activities: [click here](#)
- Outdoor Obstacle Course Racing: [click here](#)
- 7 Fun & Simple Outdoor Activities: [click here](#)
- Making a Backyard Labyrinth: [click here](#)

Cultural and Entertainment Opportunities

- The Tenors – O Canada: [click here](#)
- Short Film about Music, Narrated by the late Rush drummer, Neil Peart: [click here](#)
- Ballet and Film at The National Film Board: [click here](#)
- Chef Anna Olson on Getting the Whole Family in the Kitchen: [click here](#)

Uplifting Story of the Week

- The Sky is Clearing – Focusing on Gratitude and Connection: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

For Further Information Regarding Early Childhood Community Development Centre's Services During Covid-19

- [click here](#)