

Volunteer as a Roots of Empathy Instructor!



Seeking volunteers for an exciting opportunity to become a Roots of Empathy Instructor

Roots of Empathy is an evidence-based program that has shown significant effect in reducing levels of aggression, including bullying, among elementary school children while raising social and emotional competence and increasing empathy - the ability to understand how another person feels.

Volunteer Instructors deliver all aspects of Roots of Empathy curriculum in the classroom. The curriculum has been adapted for the upcoming year due to COVID-19. In future years, the program will return to delivery over a full school year.

- Instructors attend a free 4-day training. 3 days in the fall and 1 day in the new year. Training will be a combination of virtual and in person.
- The program is delivered by the Instructor in their local community school starting in January 2021 to the end of the school year.
- All new Instructors are matched with a mentor who will support them in and out of the classroom.
- All candidates are encouraged to apply, however experience with children is an asset.

To find out more about what's involved, please go to our website:
www.rootsofempathy.org and click on **Participate**.

“Roots of Empathy is about changing the world, child by child.”

- Mary Gordon, Founder/President

For more information please contact:

